



SVE's Family WAAG

WEEK OF: Sept. 22- 26

Monday 22	Leadership Job Announcement 11:15 - Grade 5 Sports Teams Meeting in Gym 12:15 - Cristini, Thom @ Mission Creek Park
Tuesday 23	2:30 - SVE T- Shirt Sale
Wednesday 24	Flair Your Feathers - Wear SVE Swag or Blue and Black
Thursday 25	11:15 - Grade 5 Volleyball Team Meeting
Friday 26	9:30 - Hughes - Big Buddies from SMS visit

Additional Information

Reminder: Closed Campus Policy

Your children's safety is our top priority. To keep all children safe, please remember we are a closed campus from 8:30- 2:30. All adults on school property must have permission from the office and wear a "Visitor" badge. Additionally, please note that unauthorized adults should not be near the playground during recess time. Thank you for your continued cooperation in keeping our school community safe.

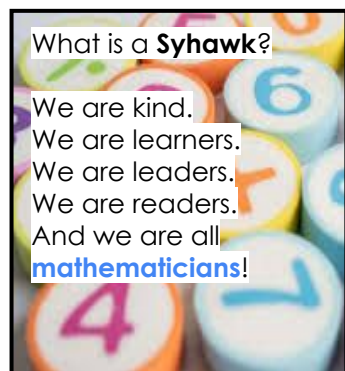
Are you picking up your child early from school?

Please use [Messenger](#) to excuse your child for early dismissals and let your child's teacher know. Appointments are important – we get it! And thank you for keeping classroom disruptions to a minimum. 😊

Using the Bike Compound?

The bike compound will be locked at 8:30 am each day. Thank you for being on time! It will be unlocked at 2:30 and remain unlocked until the next morning.

The Following Week ...



Monday 29	Orange Shirt Day
Tuesday 30	National Truth and Reconciliation Day- Schools Closed
Wednesday Oct. 1	
Thursday 2	October Skyhawk Family Meeting - Families Welcome
Friday 3	9:30 - Hughes - Big Buddies from SMS visit



SVE's Family WAAG

Continued

Additional Information

Student Accident Insurance

Central Okanagan Public Schools does not insure expenses for student injuries that occur on school grounds or during school activities. Parents and guardians can voluntarily purchase private accident insurance. [Student Accident Insurance by StudyInsured](#) is a voluntary plan that provides coverage for students and their families against accidental injury, unexpected medical expenses, and critical illness. To apply for the Plan or to find out more, click [here](#).

Springvalley Swag Sale and Donation Bin

We will be selling NEW Skyhawk SVE t- shirts. Please consider donating any outgrown Skyhawk T- shirts and purchasing a bigger size for your child.

When: Sept. 23 and Oct. 7 - 2:30-2:45

Where: At the Flagpole

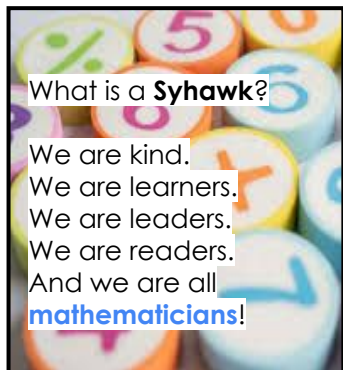
Cost: \$10 each



Leadership Jobs

This year we had over 80 grade 4 and 5 students apply for school leadership jobs! We are so proud of our Skyhawk students for getting involved. Student leadership jobs will be announced on Monday.

Shout Outs



Ms. Heinzelmann...

The Breakfast Boss!

Thank you for all you do to prepare healthy and delicious breakfast options for our school community!

We love you!



Clean Air and Safe Routes 4 School- Follow-up Findings Article Springvalley Elementary Celebrates Progress and Looks to the Future

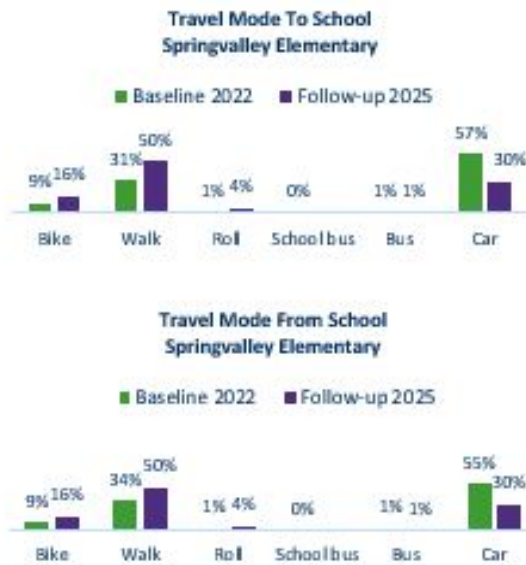
School Travel Results

Thank you to those who participated in the online School Travel Planning surveys in June. Through dedicated community engagement, baseline data collection, infrastructure improvements, and school-based programming, Springvalley Elementary has seen remarkable progress in encouraging sustainable transportation.

A Shift Towards Sustainable Travel

After three years of focused effort, significant progress has been observed at Springvalley Elementary. Follow-up classroom surveys conducted in 2025 indicated a **26% overall increase in students utilizing sustainable transportation modes** such as walking, cycling, school bus, and public transit. It's important to note that the 2025 follow-up surveys were conducted during the annual Bike to School Week event, which may have temporarily influenced participation rates.

Travel Mode To School: Springvalley Elementary (2022 vs. 2025)



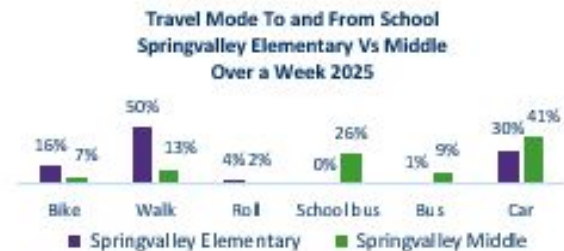
This increased adoption of active transportation is estimated to result in an annual saving of **12 tonnes of greenhouse gas (GHG) emissions**, highlighting the significant environmental benefits of the program.

Community support remains strong, with 100% of surveyed parents supporting the continuation of School Travel Planning efforts.

Springvalley Middle School: Baseline Insights

Springvalley Middle School requested support to establish a baseline for travel modes in 2025, as they had not participated in the initial data collection in 2022. During five days in June 2025, 44% of the school's 600 students were tracked. The baseline data indicate that approximately 39% to 43% of students travel to and from Springvalley Middle School by car in 2025.

Compared to Springvalley Elementary's current travel patterns, the middle school shows distinct differences in mode share, with a higher reliance on car travel.



Given these differences, recommendations for the middle school prioritize carpooling programs and park-and-walk initiatives specifically tailored for older students. Springvalley Elementary is encouraged to continue setting up walking and biking activities, and "Walk a Block or Two" initiatives, which allow younger students to walk a safe, shorter distance. A safe route can be found here: [Best-routes-to-school-Springvalley.pdf](#)

Due to the minimal number of follow-up family surveys received, data samples were not large enough to reflect improvements related to barriers, real or perceived, "To" and "From" school. Nevertheless, a comparison between the limited baseline and follow-up data is presented in The [Springvalley School Travel Plan](#).

Ongoing Efforts and Future Recommendations

The success at Springvalley Elementary underscores the importance of continued effort. Key recommendations for sustaining and enhancing the program's impact include ongoing monitoring of transportation patterns, strengthening parent engagement through consistent messaging and incentives, and ensuring proactive infrastructure maintenance.

We would love to see everyone within walking distance leave their cars at home, and enjoy the fresh air on the way to school. Don't forget to dress for the weather – the kids will need their rain jackets, hoodies and eventually snow gear to enjoy recess time, anyway!

School Travel Plan Committee

BEST ROUTES TO SCHOOL



Springvalley

smartTRIPS

KIDS, BE STREET S.M.A.R.T.

SIDEWALKS:

Use sidewalks! Stay on the inside edge and stand away from the edge when you want to cross the street. If there is no sidewalk, walk facing traffic to see oncoming vehicles.

MUSIC:

If you are listening to music, remove one earpiece before crossing the street or walking in an unfamiliar neighbourhood.

ATTENTION:

Watch out for moving vehicles backing out of driveways, back alleys and parking lots.

ROAD CROSSING:

Always cross at an intersection or crosswalk. To cross safely, make eye contact with the drivers in all lanes to be sure they are stopped.

TEAM UP:

It is safer and more fun to walk to school with family or friends, and good exercise too.

Neighbourhood safety tips

TRANSIT

Transit can be fun. Parents and children can take the bus route together a few times before the kids go solo. Ask the bus driver if you have questions. [Back to School – BusReady](#)

SAFETY IN NUMBERS

Team up with another parent or neighbour to share the responsibilities of walking to and from school. If students are older, encourage them to walk with friends or older siblings.

AWARENESS AND INDEPENDENCE

Teach your children how to stay safe by identifying friendly neighbours, friends, or safe public places. Warn them about high-traffic areas or corners that might hide hazards.

Exploring and learning about your community and city at a young age are lessons that will last a lifetime.

- When you are out with your family, identify safe places to ask for help. It might be a neighbour's or a friend's house, or maybe a safe place you can go.
- If your family uses a safety password, practice and remember that special word.
- Don't ever go anywhere with a stranger.

Park and walk

Families unable to walk can still contribute to improved traffic safety and healthy schools. Park in your school's designated area or park legally on another street away from the school. Walk the last few blocks with your children, allowing them to enjoy extra active time outdoors.

Springvalley has a few suggested park-and-walk stations within an 8-minute walk to school.

- On-street parking along Ziprick Rd., Tera Ct. and Cornwall Rd.
- Mission Creek Park, if you want a longer walk.

Watch [the Pedestrian Safety tips](#) with your kids!

S.U.P.E.R bike safety

Always follow these bike safety tips when you ride.

Signs: Use your hand signals when riding your bike and obey traffic signs.

Use caution: Leave space when riding next to parked cars and watch out for doors swinging open. Wear light or bright-coloured clothing, bike lights, and reflectors to increase visibility.

Protection: Wear your helmet when riding your bike - it's the law.

Eye contact: Make eye contact with other road users (drivers and pedestrians) to improve safety for everyone.

Right-hand side: Ride your bike single file and as far to the right-hand side of the road as possible. Use bike lanes if they are available.

Driving Awareness

- Drive lawfully, safely and without distraction. Parents have a valuable part to play as role models for their children's future driving behaviour.
- U-turns are illegal in a school zone. They are dangerous and cause many blind spots in an area that may be filled with young walkers and cyclists.
- [Avoid idling your vehicle](#), as it worsens air quality and harms young lungs. Kelowna is the only Central Okanagan city with a one-minute [Idling Control Bylaw](#), in effect since July 25, 2022.
- Please keep bike lanes clear. When you park in a bike lane, it forces people on bikes into traffic. This is dangerous and makes cycling feel unsafe. Always obey parking signs to help keep our streets safe for everyone.
- Use the Kiss & Drop loop. This loop is only available in the mornings. Our parking lot is always closed off at the end of the school day. Parents must park and walk when picking children up. Our parking lot is limited.

Safe Route

Use the proposed Safe Route map on the next page to get to school safely by walking, cycling, in-line skating, or riding a skateboard or scooter.



Join Us

NOURISH

**FOR PARENTS WITH
SCHOOL-AGED CHILDREN,
FRIDAYS AT 12:30PM**

A Weekly Parent Connection Group.
Raising school-aged kids can be amazing
— and sometimes overwhelming. Nourish
is here to support you.

Join us for a weekly gathering where
parents of school-aged children come
together to share, connect, and grow. This
is a warm, welcoming space for
conversation, support, and practical ideas
for parenting in today's world.
Starting September 12th

To register, please send us
an email

katier@childhoodconnections.ca

- **Meet other
parents**
- **Have
meaningful
conversation**
- **Receive support
and give support**



The Strong Roots Centre
Childhood Connections

erased EXPECT RESPECT &
A SAFE EDUCATION

Information for Parents and Caregivers

Resources to support you and your child



Register for free training

Tips to protect children
and youth online



Have a conversation

Talk with children and
youth about things they
may be experiencing

What kind of information can I find on erase.gov.bc.ca?

- **Practical guidance** to help you support your child's safety and well-being
- **Resources and information about:**
 - Diversity and inclusion
 - Mental health and substance use
 - School and online safety
- **Free training sessions** to help you keep your child safe online
- **Videos** explaining erase, the Report It Tool, and safe, caring and inclusive schools
- **Tips** for bringing concerns to your child's school

What is the Report It Tool?

Report It is an **anonymous online tool** for **students** to report anything concerning to their school safety team—whether it happens at school, online, or somewhere else. Find it at erase.gov.bc.ca.

Questions? Reach out to your school to learn more.



Ministry of
Education and
Child Care



**Practice English
1:1 reading support!**

**FALL 2025 SESSION:
OCT 2 - NOV 27**

FAMILY READING PROGRAM

Tuesdays: Rutland Library
Wednesdays: Downtown
Kelowna Library
Thursdays: Vernon Library

5:30-6:30pm

Register:
info@niteo.org



Caregivers EFFT Workshop

Emotion Focused Family Therapy

Is your youth struggling with mental health challenges like anxiety, depression, substance use, or disordered eating? Do you need support navigating their behaviour, setting limits, or responding to their emotions?

This workshop aims to equip caregivers with practical skills and tools to better support their loved ones facing mental health and wellness challenges.

**Monday September 22nd and
Tuesday September 23rd, 9am - 4pm**

2 DAY WORKSHOP

In-person at Foundry Kelowna 100-1815 Kirschner Rd

To register email michelle.ouimet@cmhkelowna.org
or call 236.420.2803



Canadian Mental
Health Association
Kelowna

Operators of

FOUNDRY
KELOWNA